



Caring CONNECTIONS

March 2019

Promoting dignity, independence, and well-being through the delivery of quality home health, hospice and community-based care services.

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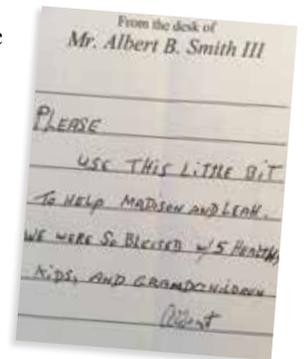
You Made All the Difference for Madison and Leah



This one was rough, and could have ended very differently. Mom is already an overworked, underpaid, and stressed out single mother. In fact, she works two jobs just to put food on the table, and the family had no health insurance.

Hanging by a thread, they got the devastating news that Madison, age 6, had leukemia. Mom was faced with multiple trips to Boston each week, and care for her teenager in her absence. And would she lose her jobs? Then Leah, age 13, started acting out. Everyone in the family needed help and support.

Because of your generosity, Central VNA could help. First, we brought chemotherapy to Madison, at home, saving an incredible amount of time and resources for the family. Next, we studied nutritional indicators for Leah to see if that might help with her behavior. It did. To save even more time and money, we found a nutritionist willing to work over the phone which was a huge help. Our staff provided parenting support to encourage the behavior changes needed, and referred mom for some specialized counseling. Counseling was also found for the family to help them through this crisis.



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Website Unveiled!

After many months of consultation, design, more consultation and more design, Central VNA has released its new website.

Chock full of useful information, you can find details on our services, events on our calendar, blood pressure clinic dates/locations and more. Built for flexibility, we can add pages for white papers, health tips, and speakers' bureau offerings as the needs arise. And, of course, our donation page is also redesigned for ease of use and will include options for the annual Home Tour and Tree of Memories events.

Next? We will unveil our newly designed FaceBook page – stay tuned. ♥



If you haven't already, check out our new website at www.centralvna.org.

The Kiwanis Club Supports Central



The Kiwanis Club of Laconia has supported Central VNA for many years in a very generous way.

In fact, since 2003, they have provided over \$80,000 to support Lakes Region children and our pediatric program. Pictured here is Bill Gile, President, presenting a \$5000 check to Leslie Ari, Central New Hampshire VNA & Hospice Development Director.

Thank you Kiwanis Club of Laconia!

www.centralvna.org
(603) 524-8444

30th Annual Kick for Cancer Tournament

April 13

Thanks to the hard work of volunteers and great attitudes of participants, this tournament is always a success.

Children, teens, and adults compete for trophies, true, but it's the satisfaction of a job well done that is the real prize, on and off the mat, and these martial arts practitioners know it.

Using the incredible energy of the discipline, they devote themselves to raising as much money as possible to Kick Cancer. And they put on quite a show. Everything from yellow to black belts, armed vs. unarmed matches and various types of combat, spectators enjoy the day. ♥

Join us on April 13th at The Gilmanton School beginning at 10:00 a.m. There is no sparring on this point – this is an event not to be missed!



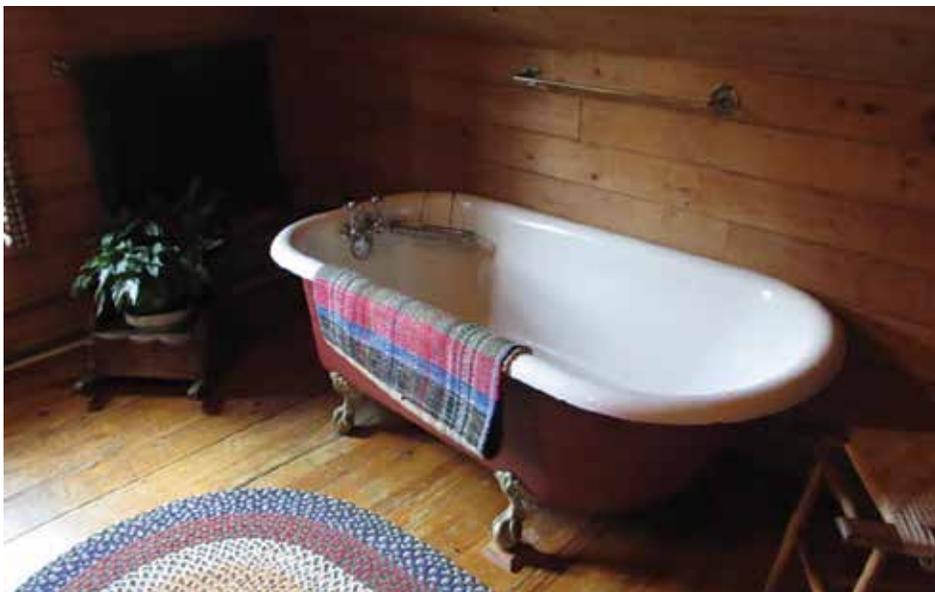
Kick for Cancer trophies

Children's Auction



Pictured above are Central VNA Staffers, Leslie Ari, Schelley Rondeau, Helen Rautenberg, Lori Nash, Maureen Paul and Jennifer Morris volunteering at this year's Children's Auction.

Save the Date – 32nd Home & Garden Tour



Ever popular, this year's Home & Garden Tour will take place on
Wednesday, July 10.

The ticket cost will be \$40. A luncheon option will be offered as well for an additional \$15. Pictured above is a photo of a quaint bathtub from a home a few years ago – just a sample of the kinds of beauty and design elements you will enjoy. Tickets will be sold in downtown Wolfeboro (location TBD), by calling the Central VNA office, or online at www.centralvna.org. *We hope to see you there. Bring friends!* ♥

FREE Blood Pressure Clinics

Alton

Community Center

Pearson Road

April 24, May 29, June 26

10:00 – 11:00 a.m.

Center Harbor

Congregational Church

52 South Main Street

2nd Tuesday of the month

(during their) Soup Kitchen

from 4:45 to 5:45 p.m.

Gilmanton

Dump Run Café at

Gilmanton Community Church

1785 NH Route 140

April 17, May 15, June 19

9:00 – 10:30 a.m.

Ossipee

Concerned Citizens Building

3 Dore Street

April 4, 18, May 2, 16, 30

June 13, 27

11:00 a.m. – 12 noon.

It is always a good idea to call Central VNA at
800-244-8549 and verify the schedule.
Please ask for Angela Smith, Outreach Coordinator.

You Made All the Difference

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The great news is that Madison is in remission, AND Leah is having a much easier time. Says Schelley Rondeau, Pediatric Nurse Coordinator, “For Leah, the nutritional education really helped, but it was the counseling that was the greatest success.”

Healthy now, the family can move forward with a better understanding of each other, their role in the group, and how to both behave and eat for health.

Because you care, Central VNA can provide services like these for families that are uninsured or underinsured. They received guidance, resources, understanding and medical treatment, despite ability to pay. Thank you for caring. *Thank you for supporting Central VNA & Hospice.* ♥

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